







# 2018 Schedule



Date	Description	Instructor	Location	Price
20 Jan 18 to 21 Jan 18	Scientific Shoulder Training Live	Leigh Brandon	London, UK	Regular: £245 Early Bird: £175
7 Feb 18 to 11 Feb 18	CHEK Exercise Coach	Leigh Brandon	London, UK	Regular: £1,945 Early Bird: £1,795
2 Mar 18 to 4 Mar 18	Golf Performance Specialist	Phil Loizides	London, UK	Regular: £800 Early Bird: £750
23 Mar 18 to 25 March 18	Holistic Lifestyle Coach Level 1	Warren Williams	Lancashire, UK	Regular: £800 Early Bird: £750
21 Apr 18	Sports Conditioning Workshop	Warren Williams	London, UK	Regular: £349 Early Bird: £249
11 May 18 to 13 May 18	Tennis Conditioning Series	Leigh Brandon	London, UK	Regular: £800 Early Bird: £750
16 May 18 to 20 May 18	CHEK Exercise Coach	Leigh Brandon	Lancashire, UK	Regular: £1,945 Early Bird: £1,795
21 Jul to 22 Jul 18	Scientific Back Training Live	Leigh Brandon	London, UK	Regular: £349 Early Bird: £249
25 Jul to 29 Jul 18	CHEK Exercise Coach	Phil Loizides	London, UK	Regular: £1,945 Early Bird: £1,795
1 Aug to 5 Aug 18	C.H.E.K Practitioner Level 1	Leigh Brandon	Lancashire, UK	Regular: £1,945 Early Bird: £1,795
8 Aug 18 to 12 Aug 18	CHEK Exercise Coach	Leigh Brandon	Lancashire, UK	Regular: £1,945 Early Bird: £1,795

 CHEK Holistic Lifestyle Coach Programme	 CHEK Exercise Coach	 C.H.E.K Practitioner Programme
 Sports Conditioning	 CHEK Europe Academy Workshop	 CHEK Holistic Coaching

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15 Aug to 19 Aug 18	C.H.E.K Practitioner Level 1	Leigh Brandon	Lancashire, UK	Regular: £1,945 Early Bird: £1,795
22 Aug to 26 Aug 18	C.H.E.K Practitioner Level 2	Matt Wallden	Surrey, UK	Regular: £1,945 Early Bird: £1,795
3 Sep 18 to 11 Sep 18	C.H.E.K Practitioner Level 3	Matt Wallden	Lancashire, UK	Regular: £2,880 Early Bird: £2,630
15 Sep 18 to 16 Sep 18	CHEK Exercise Coach Review Workshop	Phil Loizides	Lancashire, UK	Regular: £299 Early Bird: £199
22 Sep 18 to 23 Sep 18	C.H.E.K Practitioner Level 1 Review Workshop	Leigh Brandon	Lancashire, UK	Regular: £299 Early Bird: £199
29 Sep 18 to 30 Sep 18	C.H.E.K Practitioner Level 2 Review Workshop	Matt Wallden	Lancashire, UK	Regular: £299 Early Bird: £199
6 Oct 18 to 7 Oct 18	Live event 3 - TBC (HLC Based)	Warren Williams	London, UK	Regular: £349 Early Bird: £249
17 Oct 18 to 21 Oct 18	CHEK Exercise Coach	Phil Loizides	Lancashire, UK	Regular: £1,945 Early Bird: £1,795
26 Oct 18 to 28 Oct 18	Holistic Lifestyle Coach Level 1	Warren Williams	Lancashire, UK	Regular: £800 Early Bird: £750
21 Nov 18 to 25 Nov 18	Holistic Lifestyle Coach Level 2	Warren Williams	TBC	Regular: £1,975 Early Bird: £1,825

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